

An emerging hemorrhagic fever in China caused by a novel bunyavirus SFTSV

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Severe fever with thrombocytopenia syndrome (SFTS) is an emerging hemorrhagic fever in rural areas of China and is caused by a new bunyavirus, SFTSV, named after the disease. The transmission vectors and animal hosts of SFTSV are unclear. Ticks are the most likely transmission vectors and domestic animals, including goats, dogs, and cattle, are potential amplifying hosts of SFTSV. The clinical symptoms of SFTS are nonspecific, but major symptoms include fever, gastrointestinal symptoms, myalgia, dizziness, joint pain, chills, and regional lymphadenopathy. The most common abnormalities in laboratory test results are thrombocytopenia (95%), leukocytopenia (86%), and elevated levels of serum alanine aminotransferase, aspartate aminotransferase, creatine kinase, and lactate dehydrogenase. The fatality rate for SFTS is 12% on average, and the annual incidence of the disease is approximately five per 100000 of the rural population.

SFTSV, tick, thrombocytopenia, leukopenia, bunyavirus, *Phlebovirus*, hemorrhagic fever, emerging infectious diseases

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In June 2009, an outbreak of an unknown infectious disease occurred in rural areas of Hubei Province, China, affecting 17 patients, five of whom died. A rickettsiologist, Dr. Yu Xue-Jie, was asked by the Chinese Center for Disease Control and Prevention (China CDC) to investigate the potential etiological pathogen of the disease, which was suspected to be human anaplasmosis (HA) [1]. After careful analysis of the patients' clinical information, Dr. Yu concluded that the patients' symptoms were inconsistent with HA because most had gastrointestinal symptoms, such as nausea, vomiting, and diarrhea, which are rarely observed in HA patients [2]. Moreover, Dr. Yu's laboratory detected no antibodies directed against the HA pathogen, *Anaplasma phagocytophilum*, or its DNA in any of the 17 patients. Therefore, Dr.

Yu considered that the disease was not HA, but was more likely to be of viral origin, although previous studies had failed to identify a viral pathogen. A strategy was designed to isolate the etiological agent using multiple cell lines, including DH82, Vero, Vero E6, THP-1, and IS6 cells, in an attempt to isolate *A. phagocytophilum*, *Ehrlichia*, *Rickettsia*, or a virus. After inoculation with a blood sample from a patient in June 2009, a cell cytopathic effect (CPE) was observed in DH82 cells and the virus was observed with electron microscopy. The genomic sequence indicated that the agent was a novel virus, most closely related to *Phlebovirus* in the family *Bunyaviridae* [3]. After the identification of the virus, the China CDC undertook a surveillance program in 2010 and identified viral infections in six provinces of east China [2]. The virus was first designated “DBM virus”, because it was isolated from a patient living in the

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DaBie Mountain area [4], but was renamed severe fever with thrombocytopenia syndrome virus (SFTSV) by the China CDC [3,5]. Similar viruses have recently been identified in both the United States and Japan [6].

1 SFTSV and its molecular biology

Electron microscopy showed that SFTSV is spherical, with a diameter of 100 nm (Figure 1). The virions were observed inside vacuoles, presumably in the Golgi apparatus [3]. SFTSV is sensitive to acid, heat, and chemicals such as ether and sodium deoxycholate [7].

The genome of SFTSV consists of three RNA segments: the large (L), medium (M), and small (S) segments [3]. The L segment contains 6368 nucleotides, with one open reading frame encoding 2084 amino acids. The M segment contains 3378 nucleotides, with one open reading frame encoding a 1073-amino-acid glycoprotein (Gn and Gc) precursor. The S segment contains 1744 nucleotides of ambisense RNA, encoding two proteins, the N and NSs proteins, in opposite orientations, separated by a 62-bp intergenic region. The 3' and 5' ends are complementary and can form a pan-handle structure. The S segment is relatively conserved between SFTSV and other phleboviruses, with 41% amino acid sequence homology, whereas the L and M segments are less conserved, with only 21%–36% amino acid sequence homology between SFTSV and the other phleboviruses [3]. SFTSV is most closely related to the Heartland virus, recently isolated from patients in the USA, with nearly 70% RNA sequence homology. SFTSV is next closely related to the Uukuniemi virus and Bhanja virus [3,8,9].

Phylogenetic, evolutionary, and structural analyses of all available SFTSV genomic sequences revealed recombination of SFTSV in the M and L segments [10]. A mosaic L segment sequence, which has descended from two major

circulating lineages of SFTSV in China, represents the first evidence that homologous recombination plays a role in SFTSV evolution. Selection analyses indicated that negative selection is predominant in the SFTSV genes, yet the differences in the selective forces among genes are consistent with those of the other *Phlebovirus* species.

2 Transmission route, vectors, and animal hosts of SFTSV

Except for Hantavirus, the bunyaviruses are usually maintained in arthropod vectors by transovarial transmission, whereas their vertebrate hosts may act as amplifying hosts [11]. SFTSV RNA has been detected in the ticks *Haemaphysalis longicornis* and *Boophilus microplus* collected from domestic animals, including cattle, goats, and dogs [3,12]. It has also been detected by PCR in *Leptotrombidium scutell* mites collected from *Apodemus agrarius* mice, in *Laelaps echidnina* mites collected from *A. agrarius* and goats in Jiangsu Province [13], and in the gadfly in Henan Province [14]. SFTSV was not detected in mosquitoes [3] and has not yet been investigated in the sandfly. SFTSV has not been detected in tick eggs and has been detected in only one tick collected from vegetation [12]. The arthropods positive for SFTSV suggest that they could be vectors of SFTSV or that they could acquire SFTSV from infected animals. Therefore, these arthropods should be further investigated as vectors of SFTSV.

The seroprevalence of SFTSV has been investigated in domestic animals, including goats, dogs, cattle, pigs, and chickens. In Shandong Province, 83%–95% of goats were positive for SFTSV antibodies [15–17]; in Jiangsu Province, 57% of goats, 32% of cattle, 6% of dogs, 5% of pigs, and 1% of chickens were seropositive for SFTSV [17]; and in Hubei Province, 55.0% (6/11) of dogs, 36.7% (2/3) of goats, and 80.0% (4/5) of cattle were seropositive for SFTSV [18]. However, only a small proportion of the animals studied (1.7%–5.3%) were found to carry low levels of viral RNA in their sera [19]. This suggests that the domesticated animals act as amplifying hosts of SFTSV and play a major role in feeding the ticks that spread SFTSV. Rats were seropositive for SFTSV in Jiangsu Province, at a rate of 6.9% in wild rodents and 7.87% in house rodents [20]. The seroprevalence of SFTSV in other wild animal species has not been investigated.

3 Nosocomial transmission of SFTSV

The nosocomial transmission of SFTSV has been demonstrated in several studies [21–24]. The earliest confirmed nosocomial transmission occurred in 2006 in Anhui Province [21], when SFTSV was most likely transmitted from person to person through contact with the patient's blood

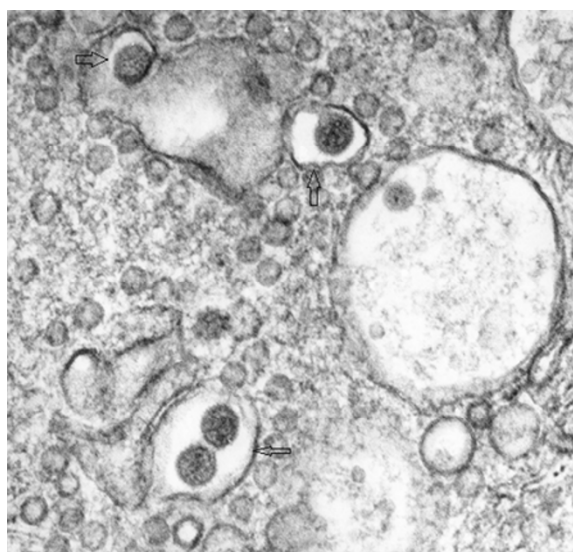


Figure 1 Hemorrhage in the mouth of a patient with SFTS.

[21]. The incubation period of nosocomial transmission is between six and 13 days after contact with or exposure to the blood of an index patient [21].

4 Geographical distribution and seasonal outbreaks

SFTS patients have been identified in 16 provinces of east China [25] (Figure 2). SFTS has occurred most frequently in central China, especially in Henan, Hubei, and Shandong Province, which have reported 48.2%, 21.9%, and 15.7% of the total SFTS cases, respectively [26]. These cases of SFTS were sporadic and occurred predominantly in hilly areas. SFTS occurred from April to November in different areas of China and 96.0% (148/154) of laboratory-confirmed cases occurred nationally between May and July [3].

5 Susceptible population

The ages of SFTS patients ranged from 1 to 90 years, with a median age of 58 years [26]. People aged over 50 years constituted 75% of cases but only 26% of the population under surveillance ($P<0.001$). Fifty-six percent of cases were female, although they constitute only 49% of the total population ($P=0.029$), and 97% of cases were farmers living in wooded and hilly areas and working in the fields. Precise information about the occupations of the total population under surveillances was not available [27]. SFTSV mainly infected older persons, which suggests that SFTSV infects people with low immunity.

Serosurveillance indicated that 1.0%–3.8% of the population in the hilly areas of China were positive for SFTSV antibodies [15–17], suggesting that although a large population was infected with SFTSV, a very small proportion of

infected individuals developed the disease. The incidence of SFTS ranged from $0.33/10^4$ in Hubei Province to $5/10^5$ in Shandong Province [18] (unpublished).

6 Clinical symptoms and diagnosis of SFTS

The clinical symptoms of SFTS are nonspecific, but the major symptoms include fever, gastrointestinal symptoms, myalgia, and regional lymphadenopathy. Dizziness (31.3%), joint pain (25%), and chills (18.8%) are also common in SFTSV-infected patients, and hemorrhage in mouth is also frequently observed. The most common abnormalities on laboratory tests are thrombocytopenia (95%) and leukocytopenia (86%). Proteinuria (in 84% of patients) and hematuria (in 59%) are also observed [3]. Multiple organ failure develops rapidly in most patients, as evident in their elevated levels of serum alanine aminotransferase, aspartate aminotransferase, creatine kinase, and lactate dehydrogenase. The case fatality rate of SFTS was about 11%–12% in 2009 and 2010, with one study reporting 21 deaths in 171 confirmed cases from the whole country and another study reporting 21 deaths in 188 cases in Hubei Province in 2010 [3,18]. The national mortality rate was 6.3% (129/2047) in 2011 and 2012 [26]. The reason for the improvement in the mortality rate from 2010 to 2012 is unclear, but might have resulted from the different sample sizes and/or the early diagnosis and proper treatment of patients after the identification of SFTSV. Patients with SFTS have severe clinical symptoms, and progress rapidly to multiple organ dysfunction syndrome (MODS), with a high fatality rate of 12%–30% [3]. Multiorgan failure is associated with death and the SFTS patients with MODS who died were older and had lower platelet counts than those who survived [28]. Mortality was significantly higher in misdiagnosed SFTS patients than in patients with confirmed SFTS (16% vs. 6.1%, respectively) [28]. The treatment for SFTS is non-specific and the results of treatment are difficult to evaluate because there have been no cohort studies.

The diagnosis of SFTSV infection is based on the patient's clinical manifestations, such as fever, thrombocytopenia (and/or leukopenia), and elevated levels of liver enzymes, and on their living and working environments, specifically in rural areas with forests and shrubs. Confirmation of SFTSV infection requires one of the following conditions: isolation of SFTSV from the patient's serum, detection of SFTSV RNA in the patient's serum by PCR, or detection of SFTS antibodies in the patient's serum. Several methods have been developed to amplify the viral RNA, including reverse transcription-PCR (RT-PCR) and RT-loop-mediated isothermal amplification (RT-LAMP) [29–32]. Amplification of the S segment is the most sensitive RT-PCR assay [29]. A simple near-instrument-free molecular method that incorporates RT-cross-priming amplification (RT-CPA) coupled to a vertical-flow visualization strip has also been

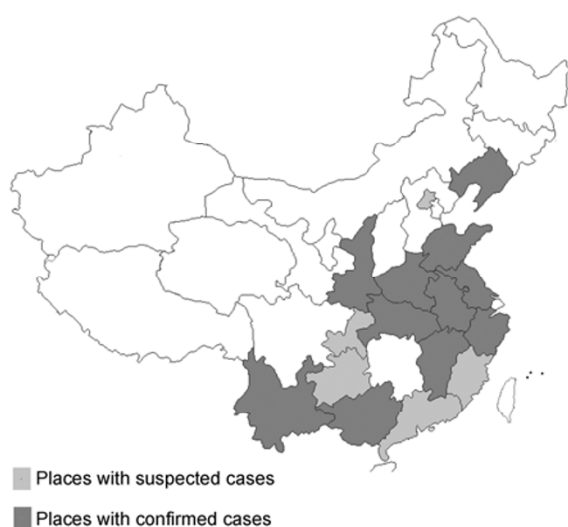


Figure 2 The provinces in China where SFTSV and SFTS patients were identified until 2012.

developed for the rapid detection of SFTSV [32]. To detect viral antibodies, an enzyme-linked immunosorbent assay (ELISA) has been developed using a recombinant N protein of SFTSV [17]. Virus isolated from blood is mainly used in research laboratories and CDCs. The SFTSV virus can be isolated using DH82 cells, which are round monocytes before infection but attach to the culture flask after infection with the virus [3]. SFTSV exerts a CPE on DH82 cells but not on Vero cells or Vero E6 cells in primary isolation, which may be why isolation of SFTSV was failed for such a long time in China, because Vero E6 cells were used in the past. A serological test for the diagnosis of SFTSV infection could be developed using immunofluorescence or ELISA [3].

7 Control and prevention of SFTSV

SFTS is a severe disease, with a high case fatality rate, that occurs in areas of China with high population densities. The primary hosts for *H. longicornis* in China are domestic animals, including goats, sheep, cattle, and dogs. Controlling ticks on these animals with chemicals is essential to reducing the tick population and to reducing SFTSV infections in humans. No vaccine for SFTSV has yet been developed.

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